Claims:

1. An intraocular lens comprising:

a lens portion defining an anterior surface layer and a posterior surface layer;

an interior of the lens portion comprising an array of deformable cells each defining a volume of a selected fluid therein, each deformable cell in substantial engagement with either the anterior or posterior surface layer;

a micropump configured to control fluid flow to alter the volume in at least a portion of the array of deformable cells to deform the anterior or posterior surface layer and alter an optical parameter of the lens.

- 2. The intraocular lens of claim 1 wherein the array of deformable cells defines an axis that is substantially perpendicular to the anterior or posterior surface layer.
- 3. The intraocular lens of claim 1 wherein the array of deformable cells comprises round cells.
- 4. The intraocular lens of claim 1 further a reservoir communicating with each deformable cell via an inflow channel, the micropump interposed in the inflow channel between the deformable cell and the reservoir.
- 5. The intraocular lens of claim 4 wherein the micropump is photo-activated.

- 6. The intraocular lens of claim 4 wherein a single reservoir communicates with a subset of the array of deformable cells.
- 7. The intraocular lens of claim 1 further comprising a reservoir communicating with each deformable cell via an outflow channel and a relief valve interposed in the outflow channel between the deformable cell and the reservoir.
- 8. The intraocular lens of claim 7 wherein the relief valve is photo-activated.
- 9. The intraocular lens of claim 4 wherein the reservoir is located within a periphery of the intraocular lens.
- 10. The intraocular lens of claim 1 wherein the micropump comprises a bistable nickel-titanium alloy.
- 11. A power adjustable intraocular lens comprising:

a resilient lens body defining an anterior curvature and a posterior curvature;

an interior portion of the lens body including an array of deformable fluid-filled structures that engage a surface element of the lens body;

a micropump configured to control fluid flow into or out of at least one fluid-filled structure to thereby controllably deform and alter an optical parameter of the lens.

12. The intraocular lens of claim 11 further comprising:

a first reservoir in communication with an interior chamber of at least one fluid-filled structure via a first channel;

wherein the micropump is interposed in the first channel to control fluid flows to the interior chamber of the at least one fluid-filled structure.

13. The intraocular lens of claim 12 further comprising:

a second reservoir in communication with the interior chamber of at least one fluid-filled structure via a second channel; and

a relief valve interposed in the second channel to controlling fluid flows from the interior chamber of the at least one fluid-filled structure.

- 14. The intraocular lens of claim 13 wherein the first reservoir defines a high internal fluid pressure relative to each fluid-filled structure and the second reservoir defines a low internal fluid pressure relative to each fluid-filled structure.
- 15. The intraocular lens of claim 11 wherein the micropump is actuable by application of energy from an external source.
- 16. The intraocular lens of claim 12 wherein the micropump is photo-thermally actuated.

- 17. The intraocular lens of claim 13 wherein the relief valve system is normally closed and is openable by application of energy from an external source.
- 18. The intraocular lens of claim 17 wherein the relief valve is photo-thermally actuated.
- 19. The intraocular lens of claim 11 wherein the body of the fluid-filled structures and the fluid have matching indices of refraction.
- 20. The intraocular lens of claim 11 wherein the fluid-filled structures define a deformable engagement portion that engages a deformable surface element of the intraocular lens.
- 21. The intraocular lens of claim 11 wherein the array of deformable fluid-filled structures range in number between 1 and 500.
- 22. The intraocular lens of claim 11 wherein each one of the array of deformable fluid-filled structures has a cross section ranging between about 20 microns and 5 mm.
- 23. The intraocular lens of claim 11 wherein the array of deformable fluid-filled structures define a dynamic range between a retracted position and an extended position of between about 1 microns and 100 microns.

24. A method of adjusting the power of an intraocular lens comprising:

providing an intraocular lens body with a plurality of deformable fluid-filled structures in an interior of the intraocular lens that engage a surface element of the intraocular lens body; and

controllably altering the volume of the fluid within selected fluid-filled structures by selectively actuating a micropump to deform at least one of the fluid-filled structures and the surface element, thereby altering an optical parameter of the intraocular lens.

- 25. The method of claim 24 further comprising providing an index-matched fluid in a space in the intraocular lens body between an interior of the surface element and an exterior of the deformable fluid-filled structures.
- 26. The method of claim 24 wherein actuating a micropump comprises actuating a micropump with light energy from an external source.
- 27. The method of claim 24, further comprising actuating at least one relief valve from a normally closed position to an open position with light energy from an external source.